

Support Group



Parents of Children with OCD

What does Obsessive-Compulsive Disorder look like in a child?

Does your child *worry* about everything? Always *afraid* of “bad things” happening? *Obsessed* with germs, sickness, cleanliness, being perfect?

Or does your child feel the need to wash their hands over and over again or “check things” (locks, under the bed, homework) multiple times, pray all the time or do counting “rituals”?

Your child may be struggling with OCD –

Whether your child has been diagnosed with OCD or all of these things just sound too familiar

Please join us for information sharing and support in helping your child fight this “prison of the mind”. *There is hope.* Contact Lisa Buchanan @ 214.906.1692 or email – ocdparentsupport@comcast.net

Meetings held 3rd Monday of the month at the W.O. Haggard Library on Coit Road in Plano from 7:00 p.m. – 8:30 p.m.

This support group is sponsored by **SAGE**
Special and Gifted Education

In association with the Plano PTA

You are not alone in this journey.

Lean on other parents that have been there before you and support the parents and children just starting out on this path. You are your child’s coach, teacher and biggest fan. They can learn that OCD does not have to control their lives. They are in charge of their lives and their futures. You are an important part of this process and you are going through this too.

You are not alone in this journey.